



National Workgroup to Address the Needs of Children and Youth Who Are LGBTQI2-S and Their Families

~Affirming LGBTQI2-S youth and families through full inclusion~

Biweekly Update, October 3, 2014

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National Events

LGBT History Month and National Coming Out Day

October is LGBT History Month and October 11 is National Coming Out Day. Learn more about this month [online](#) and how to celebrate this month by accessing resources such as the GSA Network's [recommendations for schools](#). Also, you can be a visible ally to the LGBT community. For example, access, share, and use the Human Rights Campaign's [online](#) guide to being an LGBT ally.

Webinar

Resources for Culturally Appropriate Integrated Services for LGBT Individuals

Integrated primary care and behavioral health providers can create culturally appropriate, highly accessible integrated care for members of the LGBT community with behavioral health conditions. This SAMHSA-HRSA Center for Integrated Health Solutions (CIHS) and CDC National Behavioral Health Network for Tobacco & Cancer Control webinar will cover ways to evaluate current organizational barriers to accessing care, strategies for reducing these barriers, and actionable steps for implementing culturally appropriate services. [The webinar:](#)

- Reviews the common chronic health conditions experienced by LGBT individuals.
- Examines efforts in the healthcare industry to improve and expand services available to LGBT persons.

- Highlights organizational best practice, leadership considerations, and next steps.

Resource

Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth

This toolkit has just been posted on the Suicide Prevention Resource Center website, and added to Section III of the Best Practices Registry for Suicide Prevention. This free **kit of materials** is intended to help staff in schools, youth-serving agencies, and suicide prevention programs provide workshops on suicide prevention among LGBT youth.

Resource

Serving Transgender Victims of Sexual Assault

It is estimated that 5 to 10 percent of the children and youth in foster care identify as lesbian, gay, bisexual, transgender, or questioning (LGBTQ). Many children and youth who enter out-of-home care do so because of a traumatic experience, such as sexual abuse. A new guide for service providers—including those in health care, law enforcement, sexual assault advocacy, or child welfare—offers information and tips on providing sensitive care and assistance to transgender victims of sexual assault.

The **guide** offers a list of common transgender-related terms, covers the basics of what it means to be transgender, outlines the rates of sexual assault within the transgender community and its ramifications, and offers tips for service providers on how to serve transgender victims of sexual assault.

Conference

Reminder: Gender Conference East, November 14 & 15

Gender Spectrum is very excited to be partnering with PFLAG Howard County-MD and the Gender & Family Project of the Ackerman Institute to create **Gender Conference East**.

Join families and professionals for a fun and informative conference dedicated solely to the needs of children and youth across the gender spectrum!

Friday, November 14, 2014 - **Professional Symposium**

Saturday, November 15, 2014 - **Family and Youth Conference**

Baltimore, MD at the North Baltimore Plaza Hotel

The **Professional Symposium** is dedicated to helping education, legal, medical, and mental health professionals better understand and serve transgender and gender-expansive children and youth. Join local and national leaders for in-depth exploration of best practices for ensuring every young person is safe and supported, regardless of their gender



identity or expression.

The Family and Youth Conference will feature a broad array of workshops and supportive spaces for parents; separate programming for teens, tweens, and kids; various community-building opportunities; and numerous resources to help attendees support the gender diversity of all children and youth. We will also have a number of optional activities planned on the evening of November 14 for families and youth arriving early.

To learn more about our gathering, please visit www.genderconferenceeast.org or email info@genderconferenceeast.org.

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Who are LGBTQI2-S and Their Families